Mon Health
P3 Program

The P3 Program is a comprehensive maternal mental health follow-up program through Mon Health's OB/GYN offices. Our team of experts offer education, support groups, feeding support, and referrals to specialized care for those experiencing mood changes during pregnancy or postpartum. Our team is happy to collaborate with local providers and programs to support their perinatal population. We can offer education and guidance for those wishing to implement screening, identification, and treatment of perinatal mood disorders.

Jennifer Bender
RN-C, IBCLC, PMH-C

Text/Call: (304) 282-8511

Jennifer.Bender@VandaliaHealth.org

Perinatal Nurse Navigator

Internationally Board-Certified Lactation Consultant

- Provides comprehensive follow-up and care coordination to postpartum families
- Offers individualized feeding support to parents based on their feeding goals
- Facilitates weekly virtual support groups to cultivate community among pregnant and postpartum patients

Kristen Frisco-Strosnider, RMA

Text/Call: (304) 282-7769

Kristen.Frisco-Strosnider@VandaliaHealth.org

Perinatal Navigator/OB Coordinator

- Provides individualized orientation and navigation to all patients throughout pregnancy
- Serves as a resource and point of contact for healthcare-related questions and care facilitation
- Offers strength-based education and empowerment for pregnant patients

Mindy Mussano, RN ADN

Text/Call: (304) 517-3007

Mindy.Mussano@VandaliaHealth.org

Perinatal Nurse Navigator

- Provides comprehensive navigation and coordination of services for expectant families based on their individual needs
- Offers strength-based education and empowerment for pregnant and postpartum patients
- Facilitates support for those experiencing mental health or substance use-related concerns

Scan Code

For more information about our program, team, and links to our virtual support groups, please scan the QR Code and visit our website.

Morgantown magazine
B❤M
VOTED
BEST OF MORGANTOWN
« 2024 »
MORGANTOWNMAG.COM

Mon Health®
Obstetrics & Gynecology
Vandalia Health

Choose Mon Health. *Feel the Difference.*